# Checklist for Central Line Dressing Change

| **Steps** | **S/U/ND****Validator Initials** | **Comments** |
| --- | --- | --- |
| Wash your hands for 20 seconds with soap and warm water, or use hand sanitizer. |  |  |
| Put masks on patient, caregiver, and nurse.  |  |  |
| Put non-sterile gloves on. |  |  |
| Remove and dispose of the used dressing. |  |  |
| Examine the site for redness, swelling, tenderness, or drainage. If you see any, inform the medical provider. |  |  |
| Remove and dispose of the non-sterile gloves.  |  |  |
| Wash your hands again. |  |  |
| Open the sterile dressing kit and put on your sterile gloves using sterile technique. |  |  |
| Scrub the central line insertion site with a chlorhexidine skin prep for 60 seconds, starting closest to the insertion site and moving in a circular approach away from the insertion site. Let the site dry completely. Do not fan or blow on the site. |  |  |
| If you are using a chlorhexidine-containing sponge, place the sponge on the site. Make sure the printed side is up and the slit is facing down. If you are not using a chlorhexidine-containing sponge, use a chlorhexidine-containing dressing. |  |  |
| Put on the new dressing from the sterile dressing kit.  |  |  |
| Remove the tape from the outside of the dressing. |  |  |
| Write the date and time on the dressing or on the sticker. |  |  |
| Dispose of the used supplies. |  |  |
| Wash your hands. |  |  |

S: Satisfactory U: Unsatisfactory ND: Not done

**Reference**

Baumgarten K, Hale Y, Messonnier M, McCabe M, Albright M, Bergeron E. Bridging the Gap: A Collaborative to Reduce Peripherally Inserted Central Catheter Infections in the Home Care Environment. Ochsner J. 2013;13(3):352 LP - 358. http://www.ochsnerjournal.org/content/13/3/352.abstract